



CENTRAL LYON MENU ~ OCTOBER 2025

BREAKFAST PRICES:

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$4.85
Second Entrée \$2.50
Extra Milk: \$0.40

BREAKFAST SERVING
TIME IS 7:45-8:05 am

Menu items are
subject to change
without notice. If you
have any questions or
concerns, please
contact Darsha
Tuenge, Food Service
Director, at (712) 472-
2664.

This institution is an
equal opportunity
employer.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST			1 Cereal Toast	2 Scrambled Eggs Hash brown Toast	3 Donut Yogurt
LUNCH			Breaded Chicken Patty On a bun Hash brown patty Baked beans Applesauce	Haystacks w/ cheese sauce Broccoli Carrots & Ranch Mixed Fruit Sandwich 7 th -12 th	Sloppy Joe on a bun Pickles Mixed veggies Broccoli w/ ranch Peaches
BREAKFAST	6 Breakfast Bagel Yogurt	7 Waffles & Syrup	8 Cereal Toast	9 Egg & Cheese Biscuit Toast	10 Muffin Yogurt
LUNCH	Chicken Nuggets Mashed potatoes Gravy or butter Carrots Apple slices Sandwich 7 th -12 th	Chili Crisпитos Romaine lettuce w/ dressing Peas Pears	Mr. Rib on a bun Baked beans Baby carrots w/ ranch Mixed Fruit	Salisbury Steak Mashed potatoes Green beans Peaches Dinner Roll	Corn Dog Corn Broccoli w/ ranch Pineapple Sandwich 7 th -12 th
BREAKFAST	13 NO SCHOOL Teacher Professional Learning Day	14 Pancake & Sausage on a Stick w/ syrup Yogurt	15 Cereal Toast	16 Breakfast Taco Yogurt	17 Breakfast Pizza Yogurt
LUNCH		Creamed Chicken on Biscuits Carrots Celery w/ ranch Grapes	Cheese Quesadilla Black beans Romaine lettuce w/ dressing Peaches Sandwich 7 th -12 th	Chili w/ Cinnamon Roll Crackers Corn Juice cup	Grilled Cheese Sandwich Hash brown patty Broccoli Applesauce

All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.

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BREAKFAST

LUNCH

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

20

Breakfast Bagel
Yogurt

Meatball Sub w/
Mozzarella cheese
Green beans
Baby carrots w/
ranch
Pears

21

French Toast Sticks
& syrup

Chicken Strips
Mashed potatoes
Gravy or butter
Corn
Orange wedges
Sandwich

22

Cereal
Toast

Hamburger on a bun
Pickles
Tater Tots
Baked beans
Grapes

23

Cheese Omelet w/
Hash brown patty
Toast

Spaghetti w/
Meat sauce
Garlic toast
Romaine lettuce w/
Dressing
Applesauce

2

Dutch Waffle
Yogurt

Taco in a bag
Lettuce & Cheese
Corn
Baby carrots w/ ranch
Pineapple
Sandwich 7th-12th

27

Breakfast Pizza
Yogurt

Beef and Bean
Nachos
Green beans
Celery w/ ranch
Peaches
Sandwich 7th-12th

28

Pancakes & Syrup
Yogurt

Hot Dog
On a bun
Baked beans
Baby carrots
Mixed Fruit

29

Cereal
Toast

Chicken Drumstick 7-12
Chicken Dummies TK-6
Mashed Potatoes
Corn
Pears
Sandwich 7th-12th

30

Scrambled Eggs w/
Hash brown patty
Toast

Waffles & Syrup
Sausage patties
Peas
Strawberry cup
Sandwich 7th-12th

31

MINI CINNI
YOGURT

HALLOWEEN
PIZZA
LETTUCE W/ DRESSING
CARROTS W/ RANCH
APPLE SLICES
COOKIE

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